

# EVERY LITTLE THING

## THE BOOK OF PHILIPPIANS

“Every Anxious Thought” | Philippians 4:2-4:9

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Dr. Quentin Self, Senior Pastor - June 13, 2020

### Listening Guide:

External \_\_\_\_\_ comes from internal \_\_\_\_\_.

Christian joy is the solution for internal and external \_\_\_\_\_.

Christian joy makes you \_\_\_\_\_ and \_\_\_\_\_ with all people

### God's nearness:

- demands \_\_\_\_\_ with others.
- grants an \_\_\_\_\_ with Him.

Overcome inner unrest by turning every \_\_\_\_\_ thought into an \_\_\_\_\_ prayer.

Peace does not come from God answering every \_\_\_\_\_ but from intimacy with God through every \_\_\_\_\_.

God \_\_\_\_\_ guards our hearts and minds with overwhelming \_\_\_\_\_.

### Barriers:

1. We fill our minds with anxiety-inducing \_\_\_\_\_.
2. We fill our time with anxiety-inducing \_\_\_\_\_.

Turning Anxious Thoughts into Asking Prayers  
Anxious Thought:

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Asking Prayer:

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Anxious Thought:

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Asking Prayer:

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Anxious Thought:

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Asking Prayer:

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Anxious Thought:

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Asking Prayer:

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